



# OCTOBER



	<b>1</b>	<b>2</b>
Nutrigrain Bars		Cheerios & Milk
Turkey & Cheese Wraps		Fish Sticks
Veggie Straws		Green Beans
Fruit Cocktail		Mashed Potatoes
Goldfish		Fresh Fruit

<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>	
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Gogurt	French Toast Sticks	Applesauce	Fig Bars	Biscuits & Jelly
Pasta & Meat Sauce	Chicken Tacos	Pork & Beans Casserole	<b>TCT PIZZA DAY</b>	Meatloaf
Salad	Ranch Beans	Steamed Veggies	Oranges	Green Beans
Dinner Rolls	Corn	Peaches		Mashed Potatoes
Vanilla Wafers	Pineapples	Cheeze Its	Ham & Crackers	Bananas

<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>	
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Belvita Bars	French Toast Sticks	Applesauce	Nutrigrain Bars	Waffles
Meatball Sub	Taquitos	Hot Dog on Bun	Chicken Salad Sammy	Sloppy Joe's
French Fries	Ranch Beans	Waffles Fries	Cheese Puffs	Tator Tots
Pineapples	Corn	Steamed Veggies	Veggies & Ranch	Peas
Trail Mix	Fruit Cocktail	Goldfish	Cheese Sticks & Craisins	Apple Slices

<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>	
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Cheerios & Milk	French Toast Sticks	Applesauce	Pastry Bars	Gogurt
Chicken Spaghetti	Quesadillas	Chicken & Rice Casserole	Ham & Cheese Wraps	Corn Dogs
Salad	Ranch Beans	Steamed Veggies	Veggie Straws	Mashed Potatoes
Dinner Rolls	Corn		Peaches	Green Beans
Cheeze Its	Pineapples	Animal Crackers	Cheese Sticks & Craisins	Bananas

<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>	
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Fig Bars	French Toast Sticks	Applesauce	Nutrigrain Bars	Sausage Biscuits
Enchilada Casserole	Beef & Cheese Tacos	BBQ Meatballs	Chicken on Bun	Chicken Nuggets
Spanish Rice	Corn	Buttered Egg Noodles	Waffles Fries	Mashed Potatoes
Black Beans	Ranch Beans	Steamed Carrots	Peas	Green Beans
Oranges	Fruit Cocktail	Ham & Crackers	Trail Mix	Fresh Fruit